

LIFE REFLECTION

Take some quiet, undisturbed time to thoughtfully respond to the reflection questions. Allow yourself freedom to listen to your soul's longings without judgement or self-editing.

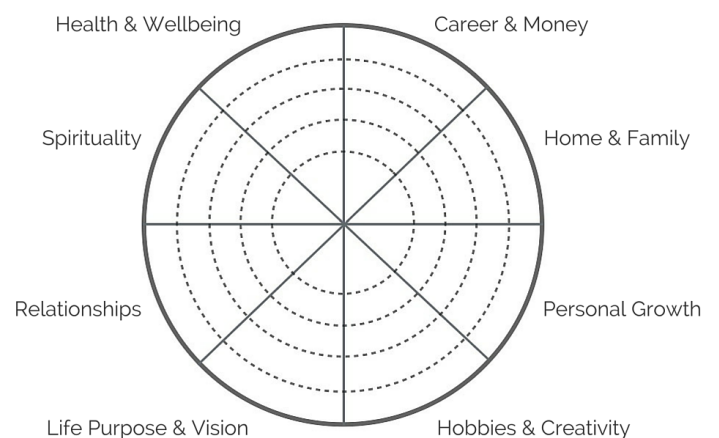
In a few words or phrases, describe how you are presently doing:

How have you experienced God lately?

What has been life-giving? What has been life-draining?

What things are presently occupying your mind and heart?

For each section of the diagram, consider how fulfilled you feel in that area. Draw a dot in between the center of the circle and the outer circle to represent the amount you feel fulfilled in that area, with the center representing 0% and the outer edge representing 100%. Connect each of the dots to create a shape - most likely it is a starburst.



As you look at the shape on the diagram, what are your thoughts or insights?

What are the hopes and desires you want to bring to God?
