

# 5 WAYS TO DISCOVER YOUR ENNEAGRAM TYPE

Want to discover your Enneagram type?  
Here are a few resources to help you:

(click on links for resources)

## 1 READ A BOOK

[The Wisdom of the Enneagram: The Complete Guide](#)

By Don Richard Riso and Russ Hudson

[The Road Back to You: An Enneagram Journey to Self-Discovery](#)

By Ian Morgan Cron and Suzanne Stabile

## 2 LISTEN TO A PODCAST

[The Enneagram Journey](#) (all episodes)

[The Liturgists Podcast - The Enneagram \(Episode 37\)](#)

## 3 TAKE A TEST

[eclecticenergies.com/enneagram/test](http://eclecticenergies.com/enneagram/test) (FREE)

[tests.enneagraminstitute.com](http://tests.enneagraminstitute.com) (\$12)

## 4 TAKE AN ONLINE COURSE

[Life in the Trinity Ministry](#) (with Suzanne Stabile) has a wealth of some of the best Enneagram teaching available. Check out their online resources here.

## 5 WORK WITH A COACH

It can be challenging and overwhelming to discover your type, and many people initially mistype or give up because they don't know where to go next. A certified Enneagram coach can guide you through the process of reflecting on your experiences, digging deep to differentiate between types, and clarifying your Enneagram type.

Want to explore the Enneagram?  
Go to [larissamarks.com](http://larissamarks.com)